

# School Health Service

Newsletter: June 2020

**NHS**  
Croydon Health Services  
NHS Trust



School Health Croydon  
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## We're here to support you!

During this challenging time of pandemic, the Croydon School Health Team are still available to support the health and wellbeing of children and young people in school.

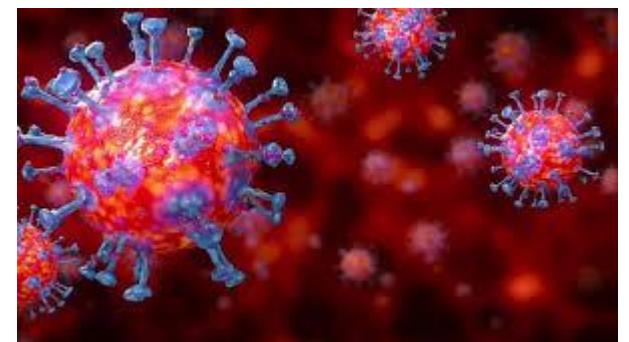
**Contact Details:** Email: [ch-tr.northschoolnurses@nhs.net](mailto:ch-tr.northschoolnurses@nhs.net)

Telephone: 020 8274 6391

Clinical Lead for the School Health Service: Julie Critcher

## The New Norm

Guidance from Department for Education (Published 14 May 2020)  
Safe working in education, childcare and children's social care settings, including the use of personal protective equipment (PPE)



## Supporting You

The School Health Team are continuing to see children and young people who are referred to us for health assessments, advice and support.

If you require advice regarding the health of your pupils or students, a nurse is able to visit your school, or offer telephone and online advice, so please feel free to contact us.

## Reception NCMP & Vision Screening Programmes

These programmes are currently suspended and we are awaiting guidance as to when they will re-start. Primary schools will receive details of when and how these sessions will run when the information becomes available.

If you have any queries about this, please contact the School Health Team (Email above)

## Immunisation Programme

The National Immunisation Programme usually delivered in schools is currently suspended and we are awaiting official guidance as to when it is likely to re-start. We will send information regarding the delivery of immunisations in schools when it becomes available.



For more details of the National Immunisation Programme, please visit our  
**Website:** [www.croydonhealthservices.nhs.uk/school-nursing](http://www.croydonhealthservices.nhs.uk/school-nursing)

or

**Email:** [ch-tr.immunisationteam@nhs.net](mailto:ch-tr.immunisationteam@nhs.net)

Immunisation Lead: Sinead Hylton

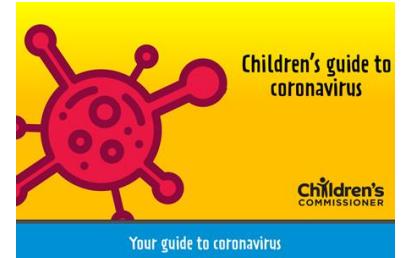


## Mental Health

The Covid-19 pandemic will affect our mental health in different ways and may have long-term consequences. The School Health Service is able to offer advice and information about resources and services available to support children and young people in the coming months.

### Guidance from Public Health England (Published 21 April 2020)

Guidance for parents and carers on supporting children and young people's mental health and wellbeing during the coronavirus (COVID-19) pandemic



### Websites & Organisations Providing Support:

**Young Minds** <https://youngminds.org.uk>

**Place2Be** <https://www.place2be.org.uk>

**The Mix** (Website, Telephone/Texting service, Apps for Teens) <https://www.themix.org.uk>

**Barnardo's** <https://www.barnardos.org.uk>

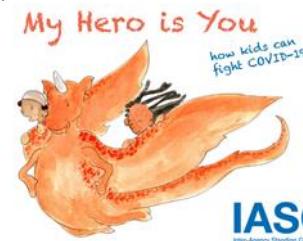
**Childline.org.uk** (Telephone: 0800 1111) <https://www.childline.org.uk>

**NHS website: Depression in children and teenagers** <https://www.nhs.uk/conditions/stress-anxiety-depression/children-depressed-signs/>

**Child Bereavement UK** <https://www.childbereavementuk.org>

**Health For Teens** <https://www.healthforteens.co.uk>

**Health For Kids** <https://www.healthforkids.co.uk>



Links to download these resources free from PHE Guidance




Is a confidential text messaging service that enables young people, **aged 11-19** years old, to send questions to our School Health Team.

Students can text the school nurse on **07520 615205**

## Medical Needs Awareness Training

Like many services, due to Covid-19, we have had to cancel our planned training sessions programme. However, if any school staff urgently need training, please contact the School Health Team (email above).

Information and advice about common conditions can be found on the following websites:

Asthma UK

Anaphylaxis UK

Young Epilepsy

Sickle Cell Society

**NHS Website** <https://www.nhs.uk>

**Medical Conditions At School** <http://medicalconditionsatschool.org.uk>

Other useful resources and helpful websites can be found on the next page, and on our website.

**Croydon School Health Service**

<https://www.croydonhealthservices.nhs.uk/school-nursing>



# Medical Training Resources

## Anaphylaxis

**Anaphylaxis Campaign** <https://www.anaphylaxis.org.uk>

FREE online anaphylaxis training course <https://www.anaphylaxis.org.uk/schools/schools-help>

Anaphylaxis UK has this helpful film clip <https://www.anaphylaxis.org.uk/what-to-do-in-an-emergency>

**Epipen** <http://www.epipen.co.uk/demonstrationvideo>

**Jext** <https://www.youtube.com/watch?v=CjgbwmQy2r8> and <https://kids.jext.co.uk/about-jext/how-to-use>

**Emerade** <https://www.youtube.com/watch?v=8dLthER4YZk>

**Allergy UK** <https://www.allergyuk.org/information-and-advice/for-schools>

**The British Society for Allergy & Clinical Immunology** <https://www.bsaci.org>

## Asthma

**Asthma UK** <https://www.asthma.org.uk>

Advice for Asthma Attacks: <https://www.asthma.org.uk/advice/asthma-attacks>

Device Demonstrations:

<https://www.asthma.org.uk/advice/inhaler-videos> and <https://www.asthma.org.uk/advice/inhaler-videos/child-no-facemask>

Guidance on the use of emergency salbutamol inhalers in schools (Department of Health, 2015)

**Croydon Children's Asthma Team** <https://www.croydonhealthservices.nhs.uk/childrens-asthma-service>

## Epilepsy

**Epilepsy Action UK** <https://www.epilepsy.org.uk>

Resources for schools: <https://www.epilepsy.org.uk/info/children/schoolstuff>

Dealing with tonic clonic seizure: <https://www.youtube.com/watch?v=olArThAgUd8>

Dealing with absence seizure: <https://www.youtube.com/watch?v=JpPQbkMEYW8>

Dealing with focal seizure: [https://www.youtube.com/watch?v=8vISHhKCw\\_Q](https://www.youtube.com/watch?v=8vISHhKCw_Q)

**Epilepsy Society** <https://www.epilepsysociety.org.uk>

**Young Epilepsy** <https://www.youngepilepsy.org.uk>

**Administration of Buccal Midazolam** <https://www.youtube.com/watch?v=B08WEXzXVo4>

## Sickle Cell

**Sickle Cell Society** <https://www.sicklecellsociety.org>

**Croydon Sickle Cell & Thalassaemia Centre**

316-320 Whitehorse Road

Croydon CR0 2LE <https://www.croydonhealthservices.nhs.uk/sickle-cell-thalassaemia-centre>

**NHS Choices - Sickle Cell** <https://www.nhs.uk/conditions/sickle-cell-disease>

