Some suggestions for how pupils can take what they have been learning in school about The Joy of Christmas into the home setting.







Gratitude & Hope Journal

Try writing in a little journal each day!

- Write three things that made you smile or that you're thankful for.
- Then write one thing you're hoping for—like something fun, kind, or exciting. If you like, you can turn your writing into a little prayer to say out loud or in your heart.

SharingJoy

Createapoem, story, drama, dancethatyoucanperform foryourfamily, that shares about the joy of Christmas.



HopeBoxes

Createahopeboxwithyourfamily for an elderly neighbour or a local carehome, filled with things that mightbringthem joy. This might bewiththingsthatyoumakeand doesn'thavetobe expensive. Even asmallactofkindness,likeahome madeChristmascardcanbringa littlebit of hope!

SayThankYoutoSomeone

Canyouthinkofsomeoneinyour familyyou'dliketosaythankyou to?Itcouldbeanaunt,uncle, grandparent,orsomeoneyoudon't seeveryoften. You could:

- MakeaChristmascard
- **Drawapicture**
- SendavoicemessageJusttolet themknowyou'rethinkingofthem!

